

TIDEWATER DISTRICT VIRGINIA JUVENILE JUSTICE ASSOCIATION

31st ANNUAL SPRING INSTITUTE

“Every Drop in the Ocean Matters”

March 21 & 22, 2024

Holiday Inn & Suites, 3900 Atlantic Avenue, Virginia Beach, VA



****NOTICE—DJJ IS UNABLE TO PAY/REIMBURSE STAFF FOR HOTEL ROOMS OR PER DIEM THIS YEAR****

We are excited to offer 2 days of quality training to VJJA members! We hope you will find the topics timely and informative. Lunch on both days is included in the registration. DRESS IS CASUAL! We will be **collecting** travel size personal items to donate to a local juvenile facility as a community service project, so **please** bring a donation with you to the conference.

REGISTRATION MUST BE DONE ON-LINE. E-mail confirmations will be sent. Free parking is available directly across from hotel. Room rates are \$120 plus tax if you'd like to stay and all rooms have an ocean view. Please call 757-428-1711 to make your reservation by **3/01/24** and mention code “**VAJ**” or register online:

[Click here to reserve a hotel room online!](#)

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THURSDAY, MARCH 21, 2024


- | | | |
|--------------------|---|---|
| 8:00 am - 9:00 am | Registration/vendor visitation | <i>(breakfast not provided this year)</i> |
| 9:00 am - 9:30 am | Opening Remarks and Welcome!
Valarie Jordon-Hunter, VJJA Tidewater Chair
Samantha Higgins, VJJA President
Ed Holmes/ Greg Hopkins with DCJS | |
| 9:30 am - 12:00 pm | Keynote: Mitigating Vicarious Trauma
Sarah Yanosy, LCSW, Owner, Sarah Yanosy Consulting, LLC
<i>(Vendor visitation during 15 minute break)</i> | |
| 12:00 pm - 1:00 pm | Lunch buffet (provided) | |
| 1:00 pm - 1:15 pm | <i>Vendor visitation</i> | |

AFTERNOON WORKSHOPS: (Select one during each time frame)

- | | |
|-------------------|--|
| 1:15 pm - 2:45 pm | Wellness/Self-care (interactive)
Cindy Duncan, Wellness Consultant, Va. DHRM CommonHealth |
| | VRS Overview
Audrey Macklin, Retirement Outreach Counselor, Virginia Retirement System |
| | Victimization, Trauma Bonding & Learned Helplessness
Sarah Yanosy, LCSW, Owner, Sarah Yanosy Consulting, LLC |
| 2:45 pm - 3:00 pm | <i>Vendor visitation</i> |
| 3:00 pm - 4:30 pm | Workshops Repeat: Select one of the three above |
| 4:30 pm - 5:00 pm | Get yourself ready to party down! <i>How low can you go!?!?</i> |
| 5:00 pm - 8:00 pm | <u>Reception</u> /networking with food and drink and the 12th annual limbo contest. |



FRIDAY, MARCH 22, 2024

8:30 am - 9:00 am	Registration/vendor visitation	(breakfast not provided this year)
9:00 am - 9:15 am	Opening remarks	
9:15 am - 12:00 pm	General Session; Generational Gaps in the Workplace Britany Hyer, Sr. Director of HR, New Story (Vendor visitation during 15 minute break)	
12:00 pm - 1:00 pm	Lunch buffet (provided)	
1:00 pm - 1:15 pm	Vendor visitation	
1:15 pm - 3:45 pm	General Session; Fentanyl & Opioids in Hampton Roads D.E.A. S.A.M.H.S.A./Opioid Response Network Yvonne Stroman MA, CRS (Vendor visitation during 15 minute break)	
3:45pm - 4:15pm	Wrap up, evaluations, door prizes & 50/50 drawing (bring cash & must be present to win). Every year around the winter holidays the VJJA Tidewater district donates \$1,000 towards food for families in need. The 50/50 drawing helps raise funds for this service project.	

FINAL REGISTRATION DEADLINE: March 13, 2024

(Limited to 125)

PLEASE notify us by March 13, 2024 if you are unable to attend.

ONLINE REGISTRATION (PREFERRED): [Register Now!](#)

(Below is only for renewing membership & registering via check/USPS - please detach and mail)

REGISTRATION IS FREE THIS YEAR !! FOR MEMBERS ONLY!!

Not a current member? Easy to join for ONLY \$20, click here —> [VJJA 2023-24 Membership Renewal and Enrollment](#)
Unsure if membership is active? Email membership@vjj.net

Attending both days? (circle) **Yes** **No** If not, which day are you attending? (circle) **Thursday** **Friday**

EATING LUNCH WITH US? (circle one)

THURSDAY **Yes** **No** FRIDAY **Yes** **No**

Food/gluten allergy? _____

RECEPTION on Thursday evening? (circle one) **Yes** **No** **Maybe**

What song do you want to boogie to at the reception? Name of song: _____

NAME: _____ PHONE: _____

AGENCY: _____ E-mail: _____

MAILING ADDRESS: _____

· FYI - Limited # of shirts will be available for purchase at the conference.

Make check payable to “**VJJA**”
Mail to: Toni Craig, Chesapeake CSU
301 Albemarle Drive
Chesapeake, VA 23322

Questions on registration? email Marc.Crippen@djj.virginia.gov